**Coach: Edmond Khoo**

*Coachee S/No.: 303*

*Period of Coaching: Jan 2018 to May 2018*

*Number of Sessions: 4*

*Number of Hours: 6.5*

*Average Duration per Session: 1 hour 38 minutes*

TESTIMONIAL

*by Coachee who is a Deputy Director, Public Sector Organisation, Singapore*

Having experienced coaching prior, there is something different about Edmond’s style of coaching. He has a gentlemanly demeanour and is a genuine listener who puts one at ease to share one’s innermost thoughts. This facilitates the unpacking of issues necessary to be isolated and dissected for the purpose of performance and personal management.

Each session was systematic and psychologically powerful. It re-examined perspectives, whether perceived or real, and challenged me to consider options or confirm existing positions. Importantly, this led to a heightened sense of self-awareness and helped me articulate implementable goals, manage challenging work situations and live a purpose-driven life.

I strongly recommend Edmond as a principled coach for career development, performance management and leadership skills among others.